

# THE GREAT GUIDE HIKE

*Get out and about and track your steps in August!*

## What is the Great Guide Hike?

- An annual August activity where members record steps and distances completed during Guide events and activities only.
- A fun opportunity for friendly competition within and between Regions.
- Members of all ages 5-105 are encouraged to participate in a way that suits them!
- Organisers collect and submit participation and distance information to the State Youth Program Coordinator.

## Important Dates

- The Great Guide Hike happens between 1-31 August annually
- Badge orders must be placed by mid-September (refer to the event page and official communications for the exact cut-off date)



## TRACKING YOUR DISTANCES

There are a number of free tracking apps available that can be used on phones. Encourage your units to track and calculate steps, distances and number of participants.

[15 of the best free walking apps – Heart Research Institute](#)

## Example of how to document steps and distances

| Region | District | Youth           |                       |                | Adults           |                        |                 |
|--------|----------|-----------------|-----------------------|----------------|------------------|------------------------|-----------------|
|        |          | Number of youth | Amount of steps youth | Distance youth | Number of adults | Amount of steps adults | Distance adults |
|        |          |                 |                       |                |                  |                        |                 |

**Send all your information, including badge order numbers to Mandie Young [program@guidesqld.org](mailto:program@guidesqld.org)**

**Note – The Great Guide Hike badge is not a sash badge, it can be sewn onto camp blankets**

# LINK TO THE AGP

## Great Guide Hike and the Australian Guide Program

While planning your hike, don't forget to encourage older Guides to take on the planning if they are interested. Hike participation or planning could go towards the following:

- Explore a challenge – Be Prepared, Friendship, Health & Fitness, Outdoors
- Create a challenge – Animal Tracks, Body, Feet, Fitness, Nature, Trees
- Achieve a challenge Trefoil 1 – Leadership, Outdoors
- BP Award
- Junior BP
- Endeavour Awards
- Queen's Guide Award



## OPTIONAL ACTIVITIES!

### Scavenger Hunt

Why not try a scavenger hunt as part of your hike. You can customise your scavenger hunt depending on your local environment/community.

[Google Scavenger Hunt ideas](#)

### Photo Challenge

Try a fun photo challenge, make a photo challenge bingo card with items Guides need to find and snap or locations they can stop and take a photo of their group. (being mindful of Guides with no media consent)

## SOME SCAVENGER HUNT IDEAS

- Something blue
- A strange shaped leaf
- A native Australian animal or bird (don't touch, take a photo)
- Girl Guide leaders relaxing
- 4 different types of plants
- 3 trail markers
- A corner store where you might get some snacks or cold drinks
- A rubbish bin
- Something historical or cultural to your local area
- A tree more than 4 meters tall
- A weird looking insect



**Contact Mandie Young**  
**GGQ Program Coordinator for more info**  
[program@guidesqld.org](mailto:program@guidesqld.org)